

Resource Summary Report

Generated by RRID on Aug 2, 2026

Demystifying Depression

RRID:SCR_004157

Type: Tool

Proper Citation

Demystifying Depression (RRID:SCR_004157)

Resource Information

URL: http://en.wikibooks.org/wiki/Demystifying_Depression

Proper Citation: Demystifying Depression (RRID:SCR_004157)

Description: Demystifying Depression is a wiki book on depression that is downloadable as a PDF file. This book may not have been written by a doctor. The recommendations are not referenced to actual research except in a bibliography. This document should in no way serve as a substitute for medical advice. Experts are welcome to add their comments. Depression is a mood disorder, so start many descriptions of the illness. That is a gross understatement. Depression does indeed seriously affect your mood, but that is just the tip of the iceberg. A clinical depression can be an incapacitating illness, affecting your ability to perform tasks that require concentration and rendering you unable to work. By writing this document we hope to provide you with the knowledge everyone should have about their mental well-being. Depression is not an unavoidable fate. It is physical.

Abbreviations: Demystifying Depression

Resource Type: book, narrative resource, data or information resource, wiki

Keywords: depressive disorder

Resource Name: Demystifying Depression

Resource ID: SCR_004157

Alternate IDs: nlx_33114

Record Creation Time: 20220129T080223+0000

Record Last Update: 20260801T190231+0000

Ratings and Alerts

No rating or validation information has been found for Demystifying Depression.

No alerts have been found for Demystifying Depression.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We have not found any literature mentions for this resource.