

Resource Summary Report

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NIH Toolbox 4-Meter Walk Gait Speed Test

RRID:SCR_003632

Type: Tool

Proper Citation

NIH Toolbox 4-Meter Walk Gait Speed Test (RRID:SCR_003632)

Resource Information

URL: <http://www.nihtoolbox.org/WhatAndWhy/Motor/Locomotion/Pages/NIH-Toolbox-4-Meter-Walk-Gait-Speed-Test.aspx>

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Description: Assessment test to measure gait speed where participants are asked to walk a short distance (4 meters) at their usual pace. Participants complete one practice and then two timed trials. Raw scores are recorded as the time in seconds required to walk 4 meters on each of the two trials, with the better trial used for scoring. The 4-Meter Walk Gait Speed Test is adapted from the 4-meter walk test in the Short Physical Performance Battery. The test takes approximately 3 minutes to administer (including instructions and practice). This test is recommended for ages 7-85.

Synonyms: 4-Meter Walk Gait Speed Test

Resource Type: material resource, assessment test provider

Keywords: motor, locomotion, gait, speed

Resource Name: NIH Toolbox 4-Meter Walk Gait Speed Test

Resource ID: SCR_003632

Alternate IDs: nlx_157782

Record Creation Time: 20220129T080220+0000

Record Last Update: 20260801T191034+0000

Ratings and Alerts

No rating or validation information has been found for NIH Toolbox 4-Meter Walk Gait Speed Test.

No alerts have been found for NIH Toolbox 4-Meter Walk Gait Speed Test.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We have not found any literature mentions for this resource.