

Resource Summary Report

Generated by RRID on Aug 4, 2026

Panic Disorder Severity Scale - Self-Report

RRID:SCR_003671

Type: Tool

Proper Citation

Panic Disorder Severity Scale - Self-Report (RRID:SCR_003671)

Resource Information

URL: <https://www.onlinetherapyuser.ca/assessment/pdss-sr>

Proper Citation: Panic Disorder Severity Scale - Self-Report (RRID:SCR_003671)

Description: A self-administered assessment used to detect possible symptoms of panic disorder and suggest the need for a formal diagnostic assessment. It consists of seven items (which are rated from 0-4). The items assess panic frequency, distress during panic, panic-focused anticipatory anxiety, phobic avoidance of situations, phobic avoidance of physical sensations, impairment in work functioning, and impairment in social functioning. The overall assessment is made by a total score, which is calculated by summing the scores for all seven items. The total scores range from 0 to 28. The PDSS-SR is used for screening and the scores 9 and above suggest the need for a formal diagnostic assessment. (Adapted from Wikipedia)

Abbreviations: PDSS-SR

Synonyms: Panic Disorder Severity Scale - Self rated, Panic Disorder Severity Scale (PDSS) Self-report

Resource Type: material resource, assessment test provider

Keywords: questionnaire

Related Condition: Panic Disorder

Availability: Free

Resource Name: Panic Disorder Severity Scale - Self-Report

Resource ID: SCR_003671

Alternate IDs: nlx_157825

Record Creation Time: 20220129T080220+0000

Record Last Update: 20260801T191035+0000

Ratings and Alerts

No rating or validation information has been found for Panic Disorder Severity Scale - Self-Report.

No alerts have been found for Panic Disorder Severity Scale - Self-Report.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We have not found any literature mentions for this resource.