

Resource Summary Report

Generated by RRID on Aug 13, 2026

Meta Essentials

RRID:SCR_022464

Type: Tool

Proper Citation

Meta Essentials (RRID:SCR_022464)

Resource Information

URL: <https://www.erim.eur.nl/research-support/meta-essentials/>

Proper Citation: Meta Essentials (RRID:SCR_022464)

Description: Software tool for meta analysis. Facilitates integration and synthesis of effect sizes from different studies. Consists of set of workbooks designed for Microsoft Excel that automatically produces all required statistics, tables, figures, and more.

Synonyms: Meta-Essentials

Resource Type: data processing software, data analysis software, software resource, software application

Defining Citation: [DOI:10.1002/jrsm.1260](https://doi.org/10.1002/jrsm.1260)

Keywords: meta analysis, relationship between independent and dependent variable analysis

Availability: Free, Available for download, Freely available

Resource Name: Meta Essentials

Resource ID: SCR_022464

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Record Creation Time: 20220603T050143+0000

Record Last Update: 20260813T055253+0000

Ratings and Alerts

No rating or validation information has been found for Meta Essentials.

No alerts have been found for Meta Essentials.

Data and Source Information

Source: [SciCrunch Registry](#)

Usage and Citation Metrics

We found 35 mentions in open access literature.

Listed below are recent publications. The full list is available at [RRID](#) .

Ye L, et al. (2026) Red blood cell distribution width-albumin ratio as predictor of mortality in patients with cardiac disease: a systematic review and meta-analysis. BMC cardiovascular disorders, 26(1).

Poggi G, et al. (2026) Epigenetic mechanisms affected by stress during adolescence and the increased risk for depression later in life: a systematic review. Molecular psychiatry, 31(5), 2815.

Pérez-Bermejo M, et al. (2026) Sacituzumab Govitecan in Metastatic Triple-Negative Breast Cancer: A Systematic Review with Meta-Analysis of Single-Arm Efficacy and Integration of Randomized and Real-World Evidence. Cancers, 18(12).

Botelho J, et al. (2025) Antibiotics in periodontal treatment: an umbrella review. Frontiers in cellular and infection microbiology, 15, 1601464.

Godina E, et al. (2025) Prediction of success in sports based on assumed individual genetic predisposition: lack of association with the C > T variant in the ACTN3 gene. Journal of physiological anthropology, 44(1), 6.

Solomon TPJ, et al. (2025) The effect of post-exercise heat exposure (passive heat acclimation) on endurance exercise performance: a systematic review and meta-analysis. BMC sports science, medicine & rehabilitation, 17(1), 4.

Gu H, et al. (2025) Association between depression and heart failure: A meta-analysis of cohort studies with 2.6 million participants. Pakistan journal of medical sciences, 41(10), 2953.

Kadariswantiningsih IN, et al. (2025) Prevalence of extrapulmonary tuberculosis in Indonesia: protocol for systematic review and meta-analysis. BMJ open, 15(5), e098140.

Burke E, et al. (2025) The Prevalence of Gastric Atrophy in Western and Northern European Populations: A Systematic Review and Meta-Analysis. Journal of gastrointestinal cancer, 56(1), 174.

Taylor DJ, et al. (2024) Systematic review and meta-analysis of Murray's law in the coronary arterial circulation. American journal of physiology. Heart and circulatory

physiology, 327(1), H182.

Baraniuk JN, et al. (2024) Meta-analysis of natural killer cell cytotoxicity in myalgic encephalomyelitis/chronic fatigue syndrome. *Frontiers in immunology*, 15, 1440643.

Pratt VB, et al. (2024) Multidimensional perfectionism and orthorexia: a systematic review and meta-analysis. *Eating and weight disorders : EWD*, 29(1), 67.

Moloney F, et al. (2024) Sex Differences in the Global Prevalence of Nonsuicidal Self-Injury in Adolescents: A Meta-Analysis. *JAMA network open*, 7(6), e2415436.

Lock M, et al. (2024) Cardiorespiratory Fitness and Performance Adaptations to High-Intensity Interval Training: Are There Differences Between Men and Women? A Systematic Review with Meta-Analyses. *Sports medicine (Auckland, N.Z.)*, 54(1), 127.

Wang J, et al. (2024) Cognitive and brain morphological deviations in middle-to-old aged autistic adults: A systematic review and meta-analysis. *Neuroscience and biobehavioral reviews*, 163, 105782.

Peeters KMM, et al. (2024) Family Physician-to-Hospital Specialist Electronic Consultation and Access to Hospital Care: A Systematic Review. *JAMA network open*, 7(1), e2351623.

Dahmani S, et al. (2024) Cognitive impairment in children and adolescents living with perinatal HIV disease in the ART era: a meta-analysis. *EClinicalMedicine*, 72, 102602.

Liu W, et al. (2024) Does metabolic dysfunction-associated fatty liver disease increase the risk of chronic kidney disease? A meta-analysis of cohort studies. *BMC nephrology*, 25(1), 467.

Van Overwalle F, et al. (2024) Cerebellar non-invasive stimulation of social and emotional mentalizing: A meta-analysis. *Imaging neuroscience (Cambridge, Mass.)*, 2.

Mohammed RHA, et al. (2023) The effectiveness of the anti-tumor necrosis factor therapy infliximab in neuro-Behçet's disease: a systematic review and meta-analysis. *The Journal of international medical research*, 51(5), 3000605231169895.